

**Running Rams Track and Field Spring Clinic-General Information**

Essex Park and Recreation is please to offer Tri-Town 2<sup>nd</sup>-6<sup>th</sup> graders a track and field program with local resident and coach, Peter Capezzone. The emphasis will be having **Fun!**

This program will meet on Mondays and Wednesday 6p-7:15p

Dates: April 27<sup>th</sup> –June 3<sup>rd</sup>. (The Program will not meet on Memorial Day)

Location: VRHS Track from The Cost is \$65.00.

Deadline to register is April 22<sup>nd</sup>.

Please use the Program Activity Waiver Form to register mail to  
Essex Park and Recreation 29 West Ave. Essex, CT 06442